



# PAC-12 CONFERENCE

1350 Treat Blvd., Suite 500, Walnut Creek, CA 94597

PAC-12.ORG

925.932.4411

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Contact \ Natalia Ciccone (nciccone@pac-12.org)



## 2012 NCAA CROSS COUNTRY CHAMPIONSHIPS

Saturday, Nov. 17, 2012

E.P. Tom Sawyer State Park, Louisville, Ky.

Hosted by the University of Louisville

Men's race: 12 p.m. ET/9 a.m. PT

Women's race: 1:15 p.m. ET/ 10:15 a.m. PT



## PAC-12 TEAMS TAKE AIM AT NCAA TITLES First NCAA titles of the academic year up for grabs

A combined nine Pac-12 teams are headed to Louisville, Ky., for the 2012 NCAA Division I Men's and Women's Cross Country Championships on Saturday, Nov. 17. It is the first national championship of the fall season up for grabs. And with the Conference leading the country in all-time team national titles, NCAA Championships has been where Pac-12 teams have risen to the top.

On the men's side, four teams will be representing the Conference, as well as four individuals. STANFORD qualified to compete at the championship after winning the NCAA West Regional last weekend. The Cardinal is under the direction of first-year head coach Chris Miltenberg who made his way to Palo Alto after leading his Georgetown women's squad to its first-ever NCAA title in 2011. Miltenberg will be hoping for his personal repeat with either/or the men's or women's squad from Stanford.

UCLA and OREGON earned at-large bids after finishing third and fourth, respectively, at the regional meet. COLORADO is the fourth representative from the Conference heading to Louisville. Under the direction of head coach Mark Wetmore, the Buffs are making their 42nd NCAA Championships appearance. CU won its second-straight Pac-12 title and placed third at the NCAA Mountain Regional to earn an at-large bid.

All four of the men's teams headed to the NCAA Championships are ranked in the United States Track & Field and Cross Country Coaches Association (USTFCCCA) top-30. Both the Cardinal and Buffs have been in the top 10 all season. Stanford leads all Conferences teams as it is ranked No. 2 in the poll. Colorado is No. 7, Oregon is No. 16 and UCLA is No. 22.

Individually, the Conference is sending a contingent of four men's runners who can only challenge for the individual crown. ARIZONA's Lawi Lalang has been unbeatable, literally, the last two seasons. He is the defending national champion after winning the race last year by 13 seconds over the second-place runner. Lalang is coming off a win at the Pac-12 Championships and the NCAA West Regional. On his heels is teammate Stephen Sambu, who did not compete in cross country last year. Back this season, he has finished just behind his fellow Wildcat at the Conference and regional meets, nearly defeating Lalang at the Pac-12 Championships. The Wildcat duo will be joined by WASHINGTON's Joey Bywater and WASHINGTON STATE's Todd Wakefield in Louisville. Both also earned individual at-large bids after solid performances at the regional meet.

The women's Pac-12 contingent of teams is strong, and any one of the five could claim the NCAA title. ARIZONA, COLORADO, OREGON, STANFORD and WASHINGTON will all represent the Conference in Louisville. Four of those teams are ranked in the top seven in the USTFCCCA Coaches poll and all five are in the top 25. The Ducks are the highest-rated Pac-12 women's team, entering the national championship with the No. 2 ranking. The Cardinal are not

far behind, ranking fourth and the Wildcats are fifth. The Huskies are seventh and the Buffs are No. 23.

OREGON seems to be running strong, coming off back-to-back wins at the Pac-12 Championships and the NCAA West Regional. Both titles were the team's first since 1995. The Ducks are led by senior Jordan Hasay, who was named the USTFCCCA West Region Female Athlete of the Year for the third-consecutive year after winning the third-straight West region title. Oregon seems to have put together one of its strongest teams in recent history and is looking to end its national championship drought, which dates back to 1987.

Led by senior Kathy Kroeger, the Cardinal were second at the West region meet, automatically qualifying for the national meet. Kroeger has challenged Hasay every season, finishing in the top three of the Pac-12 Championships in each of the last two seasons before finally breaking through to win the individual crown three weeks ago in Santa Clarita, Calif. Meanwhile, Arizona has been on the rise the last few years and is relying on a contingent of veteran runners to Louisville.

Washington has been a solid team all season. Last year, the Huskies placed second behind the national champion by just eight points. It was the closest margin of victory at the race since 1998.

Colorado was third at the Mountain Regional meet, led by senior Shalaya Kipp. She was second at the regional meet but is coming off a career season where she qualified for Team USA at the 2012 London Olympics in the steeplechase.

Individually, UTAH's Amanda Mergaert makes her third-straight appearance at the NCAA Championships as an individual after placing in the top 25 at the Mountain regional. CALIFORNIA sophomore Kelsey Santisteban makes her second-career appearance at the national championship meet.

In order to be eligible to participate in the championships, teams and individuals qualified in their respective regional competitions. Thirty-one teams were selected to participate in each championship. The top two, seven-person teams automatically qualified from each of the nine regions, for a total of 18 teams. Thirteen additional teams were selected at-large. Thirty-eight individuals were also selected to participate in each championship through an automatic qualifier and at-large selection process. All individual qualifiers finished in the top 25 in their region.

Pac-12 teams appear to be coming on strong as the season concludes on Saturday, Nov. 17. With so much talent on the men's and women's side, this could be the year the Pac-12 stands atop the podium for the first time since 2008.

# USTFCCCA RANKINGS

## MEN'S (Nov. 13)

Rank	School (1st Place)	Points	Lst Wk
1.	Oklahoma State (9)	354	1
T2.	Iona	330	4
T2.	<b>STANFORD (1)</b>	330	3
4.	Wisconsin	307	6
5.	Texas	304	5
6.	Oklahoma	300	8
7.	<b>COLORADO (2)</b>	289	2
8.	BYU	259	7
9.	Portland	241	9
10.	Northern Arizona	232	18
11.	Arkansas	231	10
12.	Tulsa	219	19
13.	Michigan	199	12
14.	Virginia	173	21
14.	Syracuse	173	14
16.	<b>OREGON</b>	169	11
17.	Eastern Kentucky	162	15
T18.	Florida State	155	23
T18.	Georgetown	155	24
20.	Columbia	143	22
21.	New Mexico	133	16
22.	<b>UCLA</b>	129	27
23.	Princeton	120	13
24.	Indiana	103	20
25.	Villanova	102	RV
26.	Virginia Tech	77	17
27.	Georgia	63	26
28.	NC State	58	RV
29.	Notre Dame	20	28
30.	Michigan State	19	NR

## Also Receiving Votes:

**WASHINGTON 10**, Duke 7, Florida 4, **ARIZONA STATE 4**, Kansas 3, Texas A&M 3, Illinois 1.

**POLL NOTES** ... Four men's teams and five women's Pac-12 teams are ranked in the latest United State Track & Field and Cross Country Coaches Association's Coaches (USTFCCCA) poll. On the men's side, Stanford is tied for second in the nation with one first-place vote, while Pac-12 Champion Colorado had garnered two first-place votes and ranks seventh overall. Both have been ranked in the top 10 in the country all season. Oregon is 16th heading into the NCAA Championships, and UCLA moved up five spots to 22nd after a solid result at the NCAA West Regional.

On the women's side, four Pac-12 teams are ranked in the top seven in the nation. Pac-12 Champion and NCAA West Region Champion Oregon leads league teams ranking No. 2, inching up a spot from the previous poll. Led by Pac-12 Champion Kathy Kroeger, Stanford is ranked fourth and Arizona is fifth. 2011 NCAA Runner-up Washington ranks seventh in the country heading into the final meet of the season. Colorado rounds out the Pac-12 teams in the women's poll, ranking 23rd.

**NCAA CHAMPIONSHIPS RESULTS** ... Following the meet, final results for the men's and women's races will be posted on the NCAA website at [www.ncaa.com](http://www.ncaa.com).

**WHERE CAN I WATCH?** ... A live webcast of the NCAA Men's and Women's Cross Country Championships will be broadcast beginning at noon ET/9 a.m. PT on NCAA.com on Saturday, Nov. 17. Links will be available on the home page and on the cross country page.

**NCAA REGION RESULTS** ... The Stanford men's teams and Oregon women's team captured the NCAA West Region titles. It was the Ducks' first regional title since 1995. Additionally, Oregon's Jordan Hasay was the individual winner of the race for the third-straight year. The individual men's winner was Arizona's Lawi Lalang. He claimed the title for the second-straight year.

**USTFCCCA REGION HONORS** ... Arizona's Lawi Lalang and Oregon's Jordan Hasay were named the USTFCCCA West Region Male and Female Athletes of the Year. Both are repeat honorees, with Hasay earning the honor for the third-consecutive year. Additionally, Oregon head coach Robert Johnson was named the USTFCCCA West Region Women's Coach of the Year, the first time he has earned the honor.

**ALL-REGION TEAMS ANNOUNCED** ... The Pac-12 had 22 male runners named to the USTFCCCA all-region squad, while 23 women from league teams also earned spots on the team. The Conference led the nation with the most women's selections and tied for the second-most men's honorees. For a full list of names, visit [pac-12.com](http://pac-12.com) or [ustfccca.org](http://ustfccca.org).

**PAC-12 SCHOLAR-ATHLETES OF THE YEAR** ... Oregon's Jordan Hasay and Arizona State's Nick Happe were named the Pac-12 Scholar-Athletes of the Year. The award, which is presented in each of the 22 sports the Conference sponsors, was established to honor collegiate student-athletes that are standouts both academically and in their sports discipline. Hasay is a business administration major and boasts a 3.98 grade point average, while Happe has a 4.09 gpa in finance. In order to be eligible for the Pac-12 Scholar-Athlete of the Year award, student-athletes must be a senior (in athletics eligibility) on track to receive a degree, have a cumulative grade point average of 3.0 or higher, participate in at least 50 percent of the scheduled contests in the sport and have a minimum one year in residence at the institution. Each Pac-12 institution may nominate one individual per sport, and the winners are selected by a committee of Pac-12 staff members at the conclusion of each sport's regular season. The athletics accomplishments of the nominees are a consideration in voting for the award.

**ACADEMIC ALL-PAC-12 TEAMS ANNOUNCED** ... The Conference office recently released the Academic All-Pac-12 teams. The full list of men's and women's teams are on page 4.

## 2012 CHAMPIONSHIPS REVIEW

**SANTA CLARITA, Calif.** - On a windy day in Southern California, the OREGON women won the Pac-12 Cross Country Championships at the Robinson Ranch Golf Course on Saturday morning. Following the Ducks' win, the COLORADO men captured its seconds-straight cross country crown. Individually, ARIZONA's Lawi Lalang won his second-straight league title, while STANFORD's Kathy Kroeger won the women's crown.

Tape-delayed coverage of the Pac-12 Men's and Women's Cross Country Championships will air on the Pac-12 Networks beginning Nov. 5 at 6 p.m. PT. Re-airs are scheduled for Nov. 6, Nov. 7 and Nov. 8.

The women's race was close from start to finish. The top-five runners crossed the finish line within 10 seconds of each other with STANFORD's Kathy Kroeger taking top honors for the first time in her career, running in a time of 20:06. Kroeger had finished second in 2010 and 2011.

In the women's team race, the Ducks claim their first team title since 1995. All-American senior Jordan Hasay was the team's top finisher, coming in second place just four seconds behind the winner. Hasay was the 2010 league individual champion. Oregon scored 47 points on the strength of three top-five finishers.

ARIZONA scored 69 points to finish third. Elvin Kibet and Jennifer Bergman placed third and seventh, respectively, to lead the team. STANFORD was third, tallying 82 points. In addition to Kroeger, Aisling Cuffe placed 10th to help the Cardinal.

WASHINGTON scored 92 points to place fourth in the team standings, followed by COLORADO (124) in fifth and UCLA in sixth (172). UTAH scored an even 200 points for seventh place, improving one spot from last year when the Utes competed in their first Pac-12 Championship. CALIFORNIA was eighth with

209 points, edging ARIZONA STATE, who scored 210 points for ninth place. USC placed 10th with 295 points, OREGON STATE was 11th with 305 points, and WASHINGTON STATE rounded out the field with 308 points.

Other notable individual finishers were UTAH's Amanda Mergaert, who cross the finish line in sixth place, while ASU's Shelby Houlihan, last year's Pac-12 Newcomer of the Year, was eighth among all placers. Cal sophomore Kelsey Santisteban came in ninth place.

In the men's individual race, ARIZONA's Lawi Lalang and teammate Stephen Sambu led the field the entire race. Both were neck-and-neck until the final straightaway, when Lalang was able to edge out Sambu in the final strides to cross the finish line first with a time of 22:49, just one second faster than his fellow countryman from Kenya.

COLORADO scored 49 points, 33 points more than second-place STANFORD, who tallied 82 points for second place. It was the largest margin of victory since the Cardinal defeated OREGON, 91-23, in 2003. The Buffs had runners finish seventh, eighth and ninth, and the top-five all finished in the top 15 overall. Blake Theroux led the Colorado pack, placing seventh.

STANFORD collected 82 points for third place, with Joe Rosa and Benjamin Johnson both crossing the finish line in the top 10 in sixth and 10th overall. OREGON's Trevor Dunbar and Parker Stinson battled for second and third place throughout the 8k race, helping the Ducks place third overall with 105 points, just four points ahead of fifth-place finisher ARIZONA STATE. UCLA scored 113 points for fifth place.

WASHINGTON's 119 points were good for sixth place, followed by seventh-place ARIZONA (166). WASHINGTON STATE placed eighth with 200 points, and CALIFORNIA's 239 points rounded out the field.

Also finishing in the top 10 of the field was UCLA sophomore Lane Werley, who's time of 23:33 was good for fifth place overall among the individual men's finishers.

Entering the meet, four of the top six women's teams ranked in the latest USTFCCCA Coaches Poll were Pac-12 teams, including No. 3 Oregon, No. 4 Stanford, No. 5 Arizona and No. 6 Washington. On the men's side, Colorado was ranked No. 2 in the country, Stanford was third, Oregon was eighth and UCLA was 15th.

#### 2012 PAC-12 CHAMPIONSHIP TEAM RESULTS - MEN

1. Colorado .....	7, 8, 9, 12, 13, 14, 18.....	49
2. Stanford .....	6, 10, 17, 20, 29, 42, 53.....	82
3. Oregon.....	3, 4, 30, 31, 37, 47, 52.....	105
4. Arizona State.....	11, 15, 22, 25, 36, 38, 43.....	109
5. UCLA.....	5, 19, 27, 28, 34, 41, 44.....	113
6. Washington .....	16, 21, 24, 26, 32, 39, 49.....	119
7. Arizona .....	1, 2, 50, 54, 59, 60, 61.....	166
8. Washington State .....	23, 33, 40, 46, 58, 62.....	200
9. California .....	35, 45, 48, 51, 55, 56, 57.....	234

#### 2012 PAC-12 CHAMPIONSHIP INDIVIDUAL RESULTS - MEN

1. Lawi Lalang.....	So. .. ARIZ .....	22:49	6. Joe Rosa.....	So. ... STAN.....	23:35
2. Stephen Sambu .....	Sr. ... ARIZ .....	22:50	7. Blake Theroux.....	So. ... COLO .....	23:40
3. Trevor Dunbar .....	Sr. ... ORE .....	23:28	8. Jake Hurysz .....	So. ... COLO .....	23:41
4. Parker Stinson .....	Jr. .... ORE .....	23:28	9. Hugh Dowdy .....	So. ... COLO .....	23:42
5. Lane Werley .....	So. ... UCLA .....	23:33	10. Benjamin Johnson ...	Sr. ... STAN.....	23:43

#### 2012 PAC-12 CHAMPIONSHIP TEAM RESULTS - WOMEN

1. Oregon.....	2, 4, 5, 17, 19, 23, 24.....	47
2. Arizona .....	3, 7, 18, 20, 21, 34, 39.....	69
3. Stanford .....	1, 10, 13, 22, 36, 47, 61.....	82
4. Washington .....	12, 14, 15, 25, 26, 44, 55.....	92
5. Colorado .....	11, 16, 27, 30, 40, 41, 58.....	124
6. UCLA.....	29, 31, 32, 35, 45, 64, 70.....	172
7. Utah .....	6, 28, 38, 59, 69, 71, 77.....	200
8. California .....	9, 42, 48, 54, 56, 57, 66.....	209
9. Arizona State.....	8, 37, 43, 60, 62, 72, 74.....	210
10. USC.....	46, 52, 53, 63, 81, 82, 83.....	295
11. Oregon State.....	49, 51, 65, 67, 73, 75, 76.....	305
12. Washington State .....	33, 50, 68, 78, 79, 80, 84.....	308

#### 2012 PAC-12 CHAMPIONSHIP INDIVIDUAL RESULTS - WOMEN

1. Kathy Kroeger .....	Sr. ... STAN.....	20:06	6. Amanda Mergaert ....	Sr. ... UTAH .....	20:22
2. Jordan Hasay.....	Sr. ... ORE .....	20:10	7. Jennifer Bergman ....	Sr. ... ARIZ .....	20:25
3. Elvin Kibet.....	Jr. .... ARIZ .....	20:11	8. Shelby Houlihan.....	So. ... ASU .....	20:26
4. Alexi Pappas.....	Sr. ... ORE .....	20:12	9. Kelsey Santisteban ...	So. ... CAL.....	20:30
5. Allie Woodward .....	Fr. ... ORE .....	20:16	10. Aisling Cuffe.....	So. ... STAN.....	20:32

## USTFCCCA RANKINGS

### WOMEN'S (Oct. 16)

Rank	School (1st Place)	Points	Lst Wk
1.	Florida State (10)	358	1
2.	<b>OREGON (1)</b>	344	3
3.	Iowa State (1)	341	2
4.	<b>STANFORD</b>	319	5
5.	<b>ARIZONA</b>	315	4
6.	Michigan	297	6
7.	<b>WASHINGTON</b>	286	7
8.	Providence	267	20
9.	Penn State	248	15
10.	Duke	246	10
11.	Georgetown	230	9
12.	Arkansas	225	12
13.	Michigan State	219	11
14.	Connecticut	212	16
15.	Weber State	200	13
16.	Cornell	166	8
17.	New Mexico	160	17
18.	Notre Dame	142	23
19.	Texas	131	22
20.	William and Mary	127	19
21.	Oklahoma State	122	21
22.	Villanova	110	25
23.	<b>COLORADO</b>	91	24
24.	Vanderbilt	79	RV
25.	Minnesota	68	28
26.	Butler	67	RV
27.	Toledo	61	18
28.	Georgia	35	NR
29.	Boston College	34	27
30.	Florida	31	14

### Also Receiving Votes:

Harvard 21, San Francisco 10, Princeton 9, West Virginia 6, La Salle 2, NC State 1.

## 2012 CROSS COUNTRY ACADEMIC ALL-PAC-12

### First Team

Garrett Baker Slama, ASU	RS So.	4.09	Kinesiology/Pre Med
Ben DeJarnette, ORE	Jr.	4.00	Journalism
Nick Happe, ASU	Sr.	4.09	Finance
Benjamin Johnson, STAN	Sr.	3.65	Chemical Engineering
Rory McLeod, ARIZ	Sr.	3.79	Finance
Jerome Perkins, COLO	Sr.	3.80	Applied Mathematics
Steven Schnieders, ASU	RS Jr.	3.82	Accounting
Miles Unterreiner, STAN	Sr.	4.04	History
Josh Walker, ASU	Sr.	3.71	Kinesiology
Jacob Wood, UCLA	RS So.	3.80	Aerospace Engineering

### Second Team

Matt Biegner, COLO	Sr.	3.58	Finance/Political Science
Kenji Bierig, ARIZ	So.	3.42	Pre-Business
Tim Costin, ORE	Jr.	3.51	Business Administration
Drew Jordan, WSU	Jr.	3.34	Social Sciences
Andrew Kimpel, WSU	Sr.	3.35	Management Info. Systems
Lawi Lalang, ARIZ	So.	3.29	Pre-Public Health
Matthew Melancon, ORE	RS Fr.	3.80	Undeclared
Forrest Shaffer, WSU	So.	3.60	Undeclared
Tyler Stutzman, STAN	Sr.	3.29	Political Science
Tyler Valdes, STAN	Sr.	3.50	Mgmt Science & Engineering

### Pac-12 Men's Cross Country Honorable Mention All-Academic

Mike Atchoo, Jr., STAN; Joe Bosshard, Sr., COLO; Chris Brewer, RS Fr., ORE; Joey Bywater, Sr., WASH; Taylor Carlson, Jr., WASH; Angelo Comeaux, RS Fr., WASH; Lee George, So., WSU; Gareth Gilna, Jr., WASH; Andrew Gonzales, Jr., WSU; Ryan Herson, RS Fr., ASU; Tyler King, RS Fr., WASH; Kenny Krotzer, Jr., STAN; Tim Luthin, So., STAN; Kevin Mangan, So., WASH; Matt Petersen, Sr., CAL; Ryan Pickering, So., ORE; Renaud Poizat, Sr., CAL; Jim Rosa, So., STAN; Ryan Savercool, Jr., COLO; Richard Shroy, Jr., WSU; Parker Stinson, Jr., ORE; Darius Terry, RS Sr., ASU; Todd Wakefield, So., WSU; Jeff Warren, Sr., COLO; Cole Watson, So., ORE; Daniel Winn, So., ORE; Conner Winter, RS Fr., COLO.

### First Team

Jordan Hasay, ORE	Sr.	3.98	Business Administration
Haley Hunt, OSU	RS Fr.	4.00	Pre-Mechanical Engineering
Anne Kesselring, ORE	Sr.	4.04	Business Administration
Elvin Kibet, ARIZ	Jr.	3.86	Pre-Public Health
Kathy Kroeger, STAN	Sr.	3.92	Math & Computational Science
Nikki Look, COLO	Sr.	4.00	Applied Mathematics
Erin Menefee, ARIZ	Jr.	3.95	Nutritional Sciences
Ruby Roberts, WSU	Jr.	3.98	Fine Arts
Rachel Viger, COLO	Jr.	4.00	Chemical Engineering
Natasa Vulic, ASU	Sr.	4.00	Mechanical Engineering & Sustainability

### Second Team

Stephanie Bulder, ARIZ	So.	3.90	Molecular & Cellular Biology
Diana George, COLO	Jr.	3.79	Mechanical Engineering
Bronte Golick, UCLA	So.	3.83	Business/Economics
Kinsey Gomez, OSU	So.	3.97	Pre-Business
Teresa Lawson, OSU	Jr.	3.87	Biology
Nicole Reitz, UTAH	So.	3.96	Exercise & Sport Science
Kelsi Schaer, OSU	So.	3.96	Pre-Business
Katelyn Stringfellow, UTAH	Jr.	3.71	Mathematics
Maureen Tremblay, OSU	RS Fr.	3.96	Exercise and Sport Science
Kathleen Uyttewaal, CAL	So.	3.93	Conversation & Research Studies

### Pac-12 Women's Cross Country Honorable Mention All-Academic

Joelle Amaral, So., WASH; Mary Kate Anselmini, So., STAN; Elizabeth Appgar, Sr., ARIZ; Alli Billmeyer, So., STAN; Courtney Bouchet, Sr., COLO; Jaye Buchbinder, So., STAN; Shannon Byrne, So., USC; Megan Combe, Jr., UTAH; Latane Cox, So., OSU; Aisling Cuffe, So., STAN; Lara Darco, Grad., COLO; Sabrah de Voir, So., OSU; Kathryn DeYoung, RS So., USC; Kayla Evans, Sr., WASH; Lindsay Flanagan, Sr., WASH; Katja Goldring, RS Sr., UCLA; Lauren Graebner, Jr., OSU; Sydney Gray, So., CAL; Hailey Hanna, Sr., ASU; Shelby Houlihan, So., ASU; Taylor Hunt, Jr., OSU; Susannah Hurst, So., UTAH; Breanna Huschka, Sr., WASH; Justine Johnson, Jr., WASH; Elisa Karhu, Jr., CAL; Lacey London, So., OSU; Shannon Mahoney, So., OSU; Erin Matranga, So., USC; Melanie McGrath, Jr., ARIZ; Amanda Mergaert, Sr., UTAH; Lauren Mills, So., UTAH; Taylor Nowlin, Jr., OSU; Laura O'Neill, So., CAL; Chelsea Orr, So., WASH; Kelly Owen, Sr., USC; Megan Patrignelli, So., ORE; Kate Penney, So., ARIZ; Whitney Pitman, Sr., OSU; Erin Robinson, So., USC; Kelsey Santisteban, So., CAL; Peyton Schutte, So., ASU; Hilary Sharpe, Jr., OSU; Kelsey Smith, RS So., UCLA; Kira Soderstrom, So., USC; Marisa Stoick, RS Fr., WSU; Jana Stoltling, So., COLO; Jessica Tonn, Jr., STAN; Liz Tremblay, Jr., COLO; Hilary Troutner, Jr., UTAH; Hannah Varnell, Sr., STAN; Allie Woodward, RS Fr., ORE; Courtney Zalud, RS Jr., WSU; Christine Zavesky, RS Fr., CAL.

# NCAA HISTORY-WOMEN

School (Years Participated)	# Appearances	Best Finish	1st	2nd	3rd
Arizona (1981-91-92-93-94-95-96-98-99-2000-01-09-10-11)	14	4th	--	--	--
Arizona State (1998-99-2000-01-02-03-04-05-06-07-08-09-11)	13	4th	--	--	--
California (1984-88-2011)	3	9th	--	--	--
Colorado (1986-87-92-93-94-95-96-97-98-99-2000-01-02-03-04-05-06-07-09-10-11)	21	1st	2	3	1
Oregon (1981-82-83-84-85-86-87-88-90-91-92-93-94-95-97-98-99-2000-07-08-09-10-11)	23	1st	2	4	1
Oregon State	0	N/A	--	--	--
Stanford (1981-82-83-84-86-93-94-95-96-97-98-99-2000-01-02-03-04-05-06-07-08-09-10-11)	24	1st	5	5	4
UCLA (1985-86-88-98-99-2001-02-03-04)	9	6th	--	--	--
USC	0	N/A	--	--	--
Utah	0	N/A	--	--	--
Washington (1982-89-92-94-95-97-98-99-2000-01-02-03-04-07-08-09-10-11)	18	1st	1	1	1
Washington State (1983-85)	2	7th	--	--	--

## ALL-TIME NCAA RESULTS

### Champion and Pac-12 finishers.

#### 1981 (3)

1.	Virginia	36
2.	Oregon	83
3.	Stanford	105
8.	Arizona	182

#### 1982 (3)

1.	Virginia	48
2.	Stanford	91
3.	Oregon	155
14.	Washington	278

#### 1983 (3)

1.	<b>OREGON</b>	95
2.	Stanford	98
15.	Washington State	347

#### 1984 (3)

1.	Wisconsin	63
2.	Stanford	89
4.	Oregon	119
15.	California	323

#### 1985 (3)

1.	Wisconsin	58
6.	UCLA	200
7. (tie)	Washington State	227
11.	Oregon	264

#### 1986 (4)

1.	Texas	62
4.	Oregon	167
6.	Colorado	186
11.	UCLA	226
15.	Stanford	314

#### 1987 (2)

1.	<b>OREGON</b>	97
12.	Colorado	245

#### 1988 (3)

1.	Kentucky	75
2.	Oregon	128
9.	California	236
13.	UCLA	273

#### 1989 (1)

1.	Villanova	99
12.	Washington	286

#### 1990 (1)

1.	Villanova	82
5.	Oregon	221

#### 1991 (2)

1.	Villanova	85
5.	Oregon	191
11.	Arizona	294

#### 1992 (4)

1.	Villanova	123
12.	Washington	334
14.	Arizona	360
15.	Oregon	372
20.	Colorado	454

#### 1993 (4)

1.	Villanova	66
8.	Oregon	238
11.	Stanford	286
12.	Arizona	311
13. (tie)	Colorado	326

#### 1994 (5)

1.	Villanova	75
4.	Colorado	126
7.	Stanford	198
10.	Arizona	273
13.	Oregon	349
15.	Washington	370

#### 1995 (5)

1.	Providence	88
2.	Colorado	123
5.	Oregon	174
6.	Arizona	186
9.	Stanford	235
14.	Washington	347

#### 1996 (2)

1.	<b>STANFORD</b>	101
4.	Colorado	145
6.	Arizona	214

#### 1997 (4)

1.	BYU	100
2.	Stanford	102
3.	Colorado	178
8.	Oregon	234
14.	Washington	341

#### 1998 (7)

1.	Villanova	106
3.	Stanford	111
7.	Colorado	332
9.	Washington	363
12.	Oregon	384
16.	Arizona	397
23. (tie)	Arizona State	534
28.	UCLA	574

#### 1999 (7)

1.	BYU	72
3.	Stanford	127
8.	Colorado	351
12.	Arizona State	385
13.	Washington	403
19. (tie)	Oregon	460
27.	Arizona	608
30.	UCLA	631

#### 2000 (6)

1.	<b>COLORADO</b>	117
3.	Stanford	198
6.	Arizona State	266
19.	Arizona	476
23.	Washington	521
28.	Oregon	619

#### 2001 (6)

1.	BYU	62
4.	Arizona	194
5.	Stanford	206
8.	Colorado	240
14.	Washington	425
21.	UCLA	539
23.	Arizona State	554

#### 2002 (5)

1.	BYU	85
2.	Stanford	113
5.	Colorado	220
23. (tie)	Arizona State	549
25. (tie)	UCLA	568
31.	Washington	699

#### 2003 (5)

1.	<b>STANFORD</b>	120
5.	Colorado	269
7.	UCLA	293
14.	Arizona State	406
19.	Washington	486

#### 2004 (5)

1.	<b>COLORADO</b>	63
5.	Stanford	175
9.	Arizona State	333
23.	Washington	533
27.	UCLA	640

#### 2005 (3)

1.	<b>STANFORD</b>	146
2.	Colorado	181
4.	Arizona State	191

#### 2006 (3)

1.	<b>STANFORD</b>	195
2.	Colorado	223
13.	Arizona State	375

#### 2007 (5)

1.	<b>STANFORD</b>	145
2.	Oregon	177
4.	Arizona State	251
8.	Washington	358
23.	Colorado	479

#### 2008 (4)

1.	<b>WASHINGTON</b>	79
2.	Oregon	131
8.	Stanford	299
14.	Arizona State	381

#### 2009 (6)

1.	Villanova	86
3.	Washington	188
9.	Oregon	276
16.	Stanford	408
20.	Colorado	458
24.	Arizona State	520
30.	Arizona	682

#### 2010 (5)

1.	Villanova	120
6.	Colorado	314
11.	Arizona	372
12.	Oregon	378
13.	Stanford	402
16.	Washington	413

#### 2011 (7)

1.	Georgetown	162
2.	Washington	170
5.	Oregon	281
10.	Stanford	332
11.	Colorado	335
18.	California	433
19.	Arizona	447
31.	Arizona State	752

### NCAA TEAM CHAMPIONS FROM THE PAC-12

1983	Oregon
1987	Oregon
1996	Stanford
2000	Colorado
2003	Stanford
2004	Colorado
2005	Stanford
2006	Stanford
2007	Stanford
2008	Washington

### NCAA INDIVIDUAL CHAMPIONS FROM THE PAC-12

1996	Amy Skiersz, ARIZ (17:04)
2000	Kara Grgas-Wheeler, COLO (20:30.5)
2001	Tara Chaplin, ARIZ (20:24)

*Race Distance 1981-99: 5,000  
meters; 2000-11: 6,000 meters.*

### ALL-TIME NCAA CHAMPIONS

Team	
Villanova	9
<b>STANFORD</b>	5
BYU	4
<b>COLORADO</b>	2
<b>OREGON</b>	2
Virginia	2
Wisconsin	2
Georgetown	1
Kentucky	1
Providence	1
Texas	1
<b>WASHINGTON</b>	1

### Individual

Villanova	9
NC State	3
Texas Tech	3
Wisconsin	3
<b>ARIZONA</b>	2
Indiana	2
North Carolina	2
Northern Arizona	2
Colorado	1
Illinois	1
Michigan	1
Providence	1
Virginia	1

# NCAA HISTORY-MEN

School (Years Participated)	# Appearances	Best Finish	1st	2nd	3rd
Arizona (1972-76-77-78-80-81-82-83-84-85-86-87-90-91-92-94-98-99-2000-01-03-05-06)	23	2nd	0	1	1
Arizona State (1999-2001-04-05-07-09)	6	8th	0	0	0
California (2007-08-10)	3	16th	0	0	0
Colorado (1957-62-65-66-67-68-70-71-73-75-76-77-78-79-80-82-84-85-86-87-89-92-93-94-95-96-97-98-99-2000-01-02-03-04-05-06-07-08-09-10-11)	41	1st	3	2	5
Oregon (1963-64-65-69-70-71-72-73-74-75-76-77-78-79-80-82-83-86-88-89-90-92-93-95-96-97-98-99-2001-02-03-06-07-08-09-10)	36	1st	6	8	4
Oregon State (1961-62-66-72-73)	5	1st	1	0	0
Stanford (1968-85-94-95-96-97-98-99-2000-01-02-03-04-05-06-07-08-09-10-11)	20	1st	4	3	1
UCLA (1979-80-81-82-83-85-2006-08)	8	5th	0	0	0
USC (1968)	1	3rd	0	0	1
Utah (1967)	1	10th	0	0	0
Washington (1977-87-88-89-90-91-93-2003-05-06-08-09)	12	4th	0	0	0
Washington State (1966-69-71-72-73-74-75-76-78-79-84-98-2006-11)	14	2nd	0	2	2

## ALL-TIME NCAA RESULTS

### Champion and Pac-12 finishers.

<b>1938 (0)</b>	1. Indiana..... 51
<b>1939 (0)</b>	1. Michigan State..... 54
<b>1940 (0)</b>	1. Indiana..... 65
<b>1941 (0)</b>	1. Rhode Island..... 83
<b>1942 (0)</b>	1. (tie) Indiana/Penn State.. 57
<b>1943 (0)</b>	No meet held.
<b>1944 (0)</b>	1. Drake..... 25
<b>1946 (0)</b>	1. Drake..... 42
<b>1947 (0)</b>	1. Penn State..... 60
<b>1948 (0)</b>	1. Michigan State..... 41
<b>1949 (0)</b>	1. Michigan State..... 59
<b>1950 (0)</b>	1. Penn State..... 53
<b>1951 (0)</b>	1. Syracuse..... 80
<b>1952 (0)</b>	1. Michigan State..... 65
<b>1953 (0)</b>	1. Kansas..... 70
<b>1954 (0)</b>	1. Oklahoma State..... 61
<b>1955 (0)</b>	1. Michigan State..... 46
<b>1956 (0)</b>	1. Michigan State..... 28
<b>1957 (0)</b>	1. Notre Dame..... 121

<b>1958 (0)</b>	1. Michigan State..... 79
<b>1959 (0)</b>	1. Michigan State..... 44
<b>1960 (0)</b>	1. Houston..... 54
<b>1961 (1)</b>	1. <b>OREGON STATE</b> ..... 68
<b>1962 (2)</b>	1. San Jose State..... 58 7. Colorado..... 202 8. Oregon State..... 206
<b>1963 (1)</b>	1. San Jose State..... 53 2. Oregon..... 68
<b>1964 (1)</b>	1. Western Mich..... 86 2. Oregon..... 116
<b>1965 (2)</b>	1. Western Mich..... 81 8. Oregon..... 229 14. Colorado..... 281
<b>1966 (2)</b>	1. Villanova..... 79 5. Washington State... 208 6. Colorado..... 248 7. (tie) Oregon State..... 253
<b>1967 (1)</b>	1. Villanova..... 91 3. Colorado..... 110 10. Utah..... 244
<b>1968 (3)</b>	1. Villanova..... 78 2. Stanford..... 100 3. USC..... 115 5. Colorado..... 241
<b>1969 (2)</b>	1. UTEP..... 74 3. Oregon..... 113 4. Washington State... 187
<b>1970 (2)</b>	1. Villanova..... 85 2. Oregon..... 86 15. Colorado..... 450
<b>1971 (3)</b>	1. Oregon..... 83 2. Washington State... 122 26. Colorado..... 662

<b>1972 (4)</b>	1. Tennessee..... 134 3. Oregon..... 158 4. Washington State... 167 16. Oregon State..... 379 20. Arizona..... 439
<b>1973 (4)</b>	1. Oregon..... 89 3. Washington State... 166 6. (tie) Colorado..... 217 14. Oregon State..... 305
<b>1974 (2)</b>	1. <b>OREGON</b> ..... 77 4. Washington State... 144
<b>1975 (3)</b>	1. UTEP..... 88 2. Washington State... 92 11. Oregon..... 319 20. Colorado..... 447
<b>1976 (4)</b>	1. UTEP..... 62 2. Oregon..... 117 3. Washington State... 179 7. Arizona..... 324 20. Colorado..... 471
<b>1977 (4)</b>	1. <b>OREGON</b> ..... 100 9. Arizona..... 262 10. Colorado..... 303 13. Washington..... 361
<b>1978 (4)</b>	1. UTEP..... 56 2. Oregon..... 72 5. Colorado..... 234 7. Arizona..... 248 29. Washington State... 720
<b>1979 (4)</b>	1. UTEP..... 86 2. Oregon..... 93 4. Colorado..... 189 9. Washington State... 278 15. UCLA..... 386
<b>1980 (4)</b>	1. UTEP..... 58 5. UCLA..... 207 13. Colorado..... 369 19. (tie) Oregon..... 462 22. Arizona..... 484
<b>1981 (2)</b>	1. UTEP..... 17 5. UCLA..... 187 7. Arizona..... 253

<b>1982 (4)</b>	1. Wisconsin..... 59 7. Colorado..... 219 9. UCLA..... 250 10. Oregon..... 266 11. Arizona..... 272
<b>1983 (3)</b>	1. UTEP*..... 108 3. Oregon..... 171 14. (tie) Arizona..... 322 20. UCLA..... 361 <i>*UTEP's participation in championships vacated by NCAA Committee on Infractions.</i>
<b>1984 (3)</b>	1. Arkansas..... 101 4. Arizona..... 111 7. Washington State... 214 22. Colorado..... 413
<b>1985 (4)</b>	1. Wisconsin..... 67 3. Colorado..... 167 4. Arizona..... 175 12. UCLA..... 283 17. Stanford..... 380
<b>1986 (3)</b>	1. Arkansas..... 69 4. Oregon..... 185 5. Colorado..... 195 6. Arizona..... 224
<b>1987 (3)</b>	1. Arkansas..... 87 6. Arizona..... 244 15. Colorado..... 385 22. Washington..... 481
<b>1988 (2)</b>	1. Wisconsin..... 105 7. Oregon..... 233 18. Washington..... 370
<b>1989 (3)</b>	1. Iowa State..... 54 2. Oregon..... 72 4. Washington..... 224 18. Colorado..... 365
<b>1990 (3)</b>	1. Arkansas..... 68 5. Oregon..... 201 12. Washington..... 286 21. Arizona..... 484

<b>1991 (2)</b>	1. Arkansas..... 52 4. (tie) Arizona..... 20. Washington..... 378
<b>1992 (3)</b>	1. Arkansas..... 46 8. Oregon..... 276 11. Colorado..... 320 18. Arizona..... 388
<b>1993 (3)</b>	1. Arkansas..... 31 4. Colorado..... 172 8. Washington..... 269 15. Oregon..... 323
<b>1994 (3)</b>	1. Iowa State..... 65 2. Colorado..... 88 3. Arizona..... 172 6. Stanford..... 208
<b>1995 (3)</b>	1. Arkansas..... 100 4. Colorado..... 181 5. Stanford..... 209 7. Oregon..... 228
<b>1996 (3)</b>	1. <b>STANFORD</b> ..... 46 3. Oregon..... 140 5. Colorado..... 179
<b>1997 (3)</b>	1. Stanford..... 53 3. Colorado..... 108 8. Oregon..... 266
<b>1998 (5)</b>	1. Arkansas..... 97 2. Stanford..... 114 3. Colorado..... 158 5. Oregon..... 233 11. Arizona..... 348 18. Washington State... 433
<b>1999 (5)</b>	1. Arkansas..... 58 4. Stanford..... 223 6. Oregon..... 306 7. Colorado..... 307 10. Arizona..... 346 14. Arizona State..... 391
<b>2000 (3)</b>	1. Arkansas..... 83 2. Colorado..... 94 4. Stanford..... 149 12. Arizona..... 419

# ALL-TIME NCAA RESULTS

## 2001 (5)

1.	<b>COLORADO</b> .....	90
2.	Stanford .....	91
13.	Oregon .....	389
20.	Arizona State .....	477
21.	Arizona .....	486

## 2002 (3)

1.	<b>STANFORD</b> .....	47
4.	Colorado.....	190
5.	Oregon .....	210

## 2003 (5)

1.	<b>STANFORD</b> .....	24
6.	Colorado.....	259
21.	Washington .....	448
22.	Oregon .....	449
23.	Arizona .....	536

## 2004 (3)

1.	<b>COLORADO</b> .....	90
6.	Stanford .....	269
8.	Arizona State .....	315

## 2005 (5)

1.	Wisconsin.....	37
5.	Colorado.....	222
6.	Stanford .....	231
10.	Arizona .....	384
17.	Arizona State .....	465
27.	Washington .....	556

## 2006 (7)

1.	Colorado.....	94
4.	Stanford .....	195
5. (tie)	Oregon .....	196
12.	Washington .....	414
21.	Arizona .....	517
23.	UCLA .....	546
29.	Washington State...	595

## 2007 (5)

1.	<b>OREGON</b> .....	85
7.	Colorado.....	287
16.	California .....	434
19.	Stanford .....	451
26.	Arizona State .....	601

## 2008 (6)

1.	<b>OREGON</b> .....	93
3.	Stanford .....	227
12.	Colorado.....	372
18.	Washington .....	438
22.	California .....	477
26. (tie)	UCLA .....	576

## 2009 (5)

1.	Oklahoma State .....	127
2.	Oregon .....	143
6.	Colorado.....	315
10.	Stanford .....	354
18.	Washington .....	470
19.	Arizona State .....	472

## 2010 (4)

1.	Oklahoma State .....	73
4.	Stanford .....	237
6.	Oregon .....	289
15.	Colorado.....	366
31.	California .....	678

## 2011 (3)

1.	Wisconsin.....	97
3.	Colorado.....	144
5.	Stanford .....	207
21.	Washington State...	512

## NCAA TEAM CHAMPIONS

### FROM THE PAC-12

1961	Oregon State
1970	Oregon
1973	Oregon
1974	Oregon
1977	Oregon
1996	Stanford
2001	Colorado
2002	Stanford
2003	Stanford
2004	Colorado
2006	Colorado
2007	Oregon
2008	Oregon

## NCAA INDIVIDUAL CHAMPIONS

### FROM THE PAC-12

1957	Max Truex, USC (19:12.3)
1961	Dale Story, OSU (19:46.6)
1966	Gerry Lindgren, WSU (29:01.4)
1967	Gerry Lindgren, WSU (30:45.6)
1969	Gerry Lindgren, WSU (28:59.2)
1970	Steve Prefontaine, ORE (28:00.2)
1971	Steve Prefontaine, ORE (29:14)
1973	Steve Prefontaine, ORE (28:14.8)
1976	Henry Rono, WSU (28:06.6)
1977	Henry Rono, WSU (28:33.5)
1978	Alberto Salazar, ORE (29:29.7)
1979	Henry Rono, WSU (28:19.6)
1982	Mark Scrutton, COLO (30:12.6)
1986	Aaron Ramirez, ARIZ (30:27.53)
1993	Josephat Kapkory, WSU (29:32.4)
1994	Martin Keino, ARIZ (30:08.7)
1997	Meb Keflezighi, UCLA (28:54)
1998	Adam Goucher, COLO (29:26.9)
2002	Jorge Torres, COLO (29:04.7)
2003	Dathan Ritzenhein, COLO (19:24.1)
2008	Galen Rupp, ORE (29:03.2)
2011	Lawi Lalang, ARIZ (28:44.1)

*Race Distance 1938-64: 4 miles;  
1965-75: 6 miles; 1976-2011:  
10,000 meters.*

## ALL-TIME NCAA CHAMPIONS

### Team

Arkansas.....	11
Michigan State.....	8
UTEP.....	7
<b>OREGON</b> .....	6
Wisconsin.....	5
<b>STANFORD</b> .....	4
Villanova .....	4
<b>COLORADO</b> .....	3
Drake.....	3
Indiana .....	3
Oklahoma State.....	3
Penn State .....	3
Iowa State.....	2
San Jose State .....	2
Western Michigan .....	2
Houston.....	1
Kansas.....	1
Notre Dame .....	1
<b>OREGON STATE</b> .....	1
Rhode Island .....	1
Syracuse.....	1
Tennessee .....	1

### Individual

<b>WASHINGTON STATE</b> .....	7
Kansas.....	5
<b>OREGON</b> .....	5
<b>COLORADO</b> .....	4
Wisconsin .....	4
<b>ARIZONA</b> .....	3
Arkansas.....	3
Indiana .....	3
Liberty .....	3
UTEP.....	3
BYU.....	2
Drake.....	2
Houston.....	2
Iowa State.....	2
Notre Dame .....	2
Rhode Island .....	2
Western Kentucky .....	2
Air Force.....	1
Ashland .....	1
East Tennessee State.....	1
Eastern Michigan .....	1
Georgetown.....	1
Illinois .....	1
Iowa.....	1
Loyola Chicago.....	1
Michigan State .....	1
North Carolina.....	1
Ohio.....	1
Ohio Wesleyan .....	1
<b>OREGON STATE</b> .....	1
Providence.....	1
South Alabama .....	1
<b>USC</b> .....	1
Texas .....	1
<b>UCLA</b> .....	1
Villanova .....	1